

# NO LIMITS SUMMER DANCE CAMP 2020 - Session 1

## June 15 - June 21

	Monday, 6/15	Tuesday, 6/16	Wednesday, 6/17	Thursday, 6/18	Friday, 6/19
8:00-9:00	Orientation	Warm-Up	Warm-Up	Warm-Up	Warm-Up
9:00-10:15	Contemporary	Jazz	Contemporary	Jazz	Contemporary
10:15-10:30	Break	Break	Break	Break	Break
10:30-11:45	Hip Hop	Ballet	Hip Hop	Ballet	Hip Hop
11:45-12:30	Lunch	Lunch	Lunch	Lunch	Lunch
12:30-1:45	Bollywood	Chinese	Chinese	Bollywood	Chinese
1:45-2:00	Break	Break	Break	Break	Break
2:00-3:15	Jazz	West African	Bollywood	West African	West African
3:15-4:00	Activity - Goal-Setting	Activity - Nutrition	Activity - Latin	Activity - Costumes	Activity - Latin
4:00-5:00	Games & Rehearsal	Games & Rehearsal	Games & Rehearsal	Games & Rehearsal	Games & Rehearsal

## June 22 - June 28

	Monday, 6/22	Tuesday, 6/23	Wednesday, 6/24	Thursday, 6/25	Friday, 6/26
8:00-9:00	Warm-Up	Warm-Up	Warm-Up	Warm-Up	Warm-Up
9:00-10:15	Contemporary	Contemporary	Ballet	Jazz	Contemporary
10:15-10:30	Break	Break	Break	Break	Break
10:30-11:45	Hip Hop	Hip Hop	Chinese	Ballet	Hip Hop
11:45-12:30	Lunch	Lunch	Lunch	Lunch	Lunch
12:30-1:45	Bollywood	Chinese	Chinese	Bollywood	Chinese
1:45-2:00	Break	Break	Break	Break	
2:00-3:15	Jazz	West African	Bollywood	West African	<b>Dress Rehearsal</b>
3:15-4:00	Activity - Goal Evaluation	Activity - Latin	Activity - Audition Skills	Activity - Performance Skills	
4:00-5:00	Games & Rehearsal	Games & Rehearsal	Games & Rehearsal	Games & Rehearsal	Pizza Party & Awards

June 27, 2020 - Performance at Memorial City Mall, 3:00 p.m. - 5:00 p.m. (call time 1:00 p.m.)

# NO LIMITS SUMMER DANCE CAMP 2020 - Session 2 & Junior Sessions

## WEEK ONE July 13 - July 17

	MON 13-Jul			TUES 14-Jul			WED 15-Jul			THURS 16-Jul			FRI 17-Jul		
	B	A	Junior	B	A	Junior	B	A	Junior	B	A	Junior	B	A	Junior
8:00-9:00	Check-In			Warm-Up			Warm-Up			Warm-Up			Warm-Up		
9:00-10:15	[--Latin & Ballet--] Jazz			Hip Hop	Ballet	Contemporary	Jazz	Contemporary	Hip Hop	Jazz	Ballet	Latin	[--Jazz--] Latin		
10:15-10:30	Break			Break			Break			Break			Break		
10:30-11:45	[--Jazz--] Ballet			Contemporary	Hip Hop	Ballet	[--Hip Hop--] Contemporary		Latin	Jazz	Ballet	[--Combined Class--] African			
11:45-12:30	Lunch			Lunch			Lunch			Lunch			Lunch		
12:30-1:45	[--African--] Bollywood			Chinese	Contemporary	Hip Hop	[--Chinese--] African		Ballet	Latin	Bollywood	[--African--] Bollywood			
1:45-2:00	Break			Break			Break			Break			Break		
2:00-3:15	Bollywood	Jazz	African	Latin	Chinese	Jazz	[--African--] Chinese		[--Bollywood--] Jazz		Bollywood	Latin	Rehearsal		
3:15-4:00	Activity			Activity			Activity			Activity			Junior Session Performance		
4:00-5:00	Group			Rehearsal			Rehearsal			Rehearsal			Rehearsal		

## WEEK TWO July 20 - 24

	MON 20-Jul			TUES 21-Jul			WED 22-Jul			THURS 23-Jul			FRI 24-Jul		
	B	A	Junior	B	A	Junior	B	A	Junior	B	A	Junior	B	A	Junior
8:00-9:00	Warm-Up			Warm-Up			Warm-Up			Warm-Up			Warm-Up		
9:00-10:15	[--Latin--] Jazz			[--African--] Ballet		Contemporary	Latin	Jazz	[--African--] Ballet		Latin	Jazz	Hip Hop		
10:15-10:30	Break			Break			Break			Break			Break		
10:30-11:45	[--Hip Hop--] Contemporary		Ballet	Jazz	African	[--Hip Hop--] Contemporary		Ballet	Jazz	African	[--Hip Hop--] Contemporary		Contemporary		
11:45-12:30	Lunch			Lunch			Lunch			Lunch			Lunch		
12:30-1:45	[--Contemporary--] Hip Hop		Chinese	Ballet	Bollywood	[--Chinese--] Hip Hop		Latin	Ballet	Bollywood	[--Contemporary--] Bollywood		Bollywood		
1:45-2:00	Break			Break			Break			Break			Break		
2:00-3:15	Jazz	Bollywood	Latin	Bollywood	Chinese	Latin	Jazz	Chinese	Jazz	Bollywood	Latin	Bollywood	Latin	Rehearsal	
3:15-4:00	Activity			Activity			Activity			Activity			Junior Session Performance		
4:00-5:00	Rehearsal			Rehearsal			Rehearsal			Rehearsal			Rehearsal		

## WEEK THREE July 27 - 31

	MON 27-Jul			TUES 28-Jul			WED 29-Jul			THURS 30-Jul			FRI 31-Jul		
	B	A	Junior	B	A	Junior	B	A	Junior	B	A	Junior	B	A	Junior
8:00-9:00	Warm-Up			Warm-Up			Warm-Up			Warm-Up			Warm-Up		
9:00-10:15	Hip Hop	Latin	Cha Cha Cha	Jazz	Ballet	Cha Cha Cha	Contemporary	Latin	Cha Cha Cha	Latin	Ballet	Cha Cha Cha	Hip Hop	Contemporary	
10:15-10:30	Break			Break			Break			Break			Break		
10:30-11:45	[--Contemporary--] Tango		Ballet	Jazz	Tango	[--Hip Hop--] Tango		Ballet	Jazz	Tango	[--African--]		Contemporary		
11:45-12:30	Lunch			Lunch			Lunch			Lunch			Lunch		
12:30-1:45	[--African--] Lindy Hop		Chinese	Latin	Lindy Hop	[--Chinese--] Lindy Hop		[--Jazz--] Lindy Hop		Lindy Hop		Run-Thru			
1:45-2:00	Break			Break			Break			Break			Break		
2:00-3:15	Latin	Jazz	Salsa/Bachata	Bollywood	Chinese	Salsa/Bachata	Jazz	Chinese	Salsa/Bachata	[--Bollywood--] Salsa/Bachata		Dress Rehearsal			
3:15-4:00	Activity			Activity			Activity			Activity			Junior Session Performance		
4:00-5:00	Rehearsal			Rehearsal			Rehearsal			Rehearsal			Awards & Pizza Party		

August 1, 2020 - Performance at Memorial City Mall, 3:00 p.m. - 5:00 p.m. (call at 1:00 p.m.)